

What is the average age of menarche in females

- A. 12-13 years old
- B. 10-11 years old
- C. 14-15 years old
- D. 16-17 years old

What is the primary hormone responsible for the development of secondary sexual characteristics in females

- A. Cortisol
- B. Testosterone
- C. Estrogen
- D. Progesterone

What is the term for the release of an egg from the ovary

- A. Ovulation
- B. Fertilization
- C. Menstruation
- D. Conception

What is the main function of the prostate gland in males

- A. Produces fluid that nourishes and protects sperm
- B. Stores urine
- C. Regulates testosterone levels
- D. Aids in digestion

What is the most effective form of contraception

- A. Withdrawal

- B. Calendar method
- C. Condom
- D. Implant

What is the normal sperm count range for males

- A. 15 million to 200 million per milliliter
- B. 50 million to 100 million per milliliter
- C. 300 million to 500 million per milliliter
- D. 0 to 1 million per milliliter

What is the medical term for a woman's first pregnancy

- A. Menopause
- B. Osteoporosis
- C. Primipara
- D. Appendicitis

What is the role of the fallopian tubes in reproduction

- A. To filter waste from the body
- B. To transport eggs from the ovaries to the uterus
- C. To produce sperm
- D. To regulate hormone levels

What is the recommended age for women to start getting regular mammograms

- A. 50
- B. 60
- C. 40
- D. 30

What is the most common sexually transmitted infection in the United States

- A. Gonorrhea
- B. Chlamydia
- C. HIV
- D. HPV

What is the term for the shedding of the uterine lining during menstruation

- A. Menstruation
- B. Fertilization
- C. Ovulation
- D. Implantation

What is the function of the placenta during pregnancy

- A. Regulating the mother's blood pressure
- B. Producing hormones for fetal development
- C. Exchange of nutrients and oxygen between mother and fetus
- D. Protecting the fetus from infections

What are some common causes of infertility in both men and women

- A. Low sperm count or quality in men, ovulation disorders or blocked fallopian tubes in women
- B. Lack of exercise
- C. Age
- D. Stress

What is the recommended frequency for cervical cancer screenings

- A. Every 3 years

- B. Every 5 years
- C. Once a year
- D. Only when symptoms are present

What is the main purpose of the male reproductive system

- A. To produce estrogen
- B. To filter waste from the body
- C. To produce and deliver sperm
- D. To regulate body temperature

What is the primary method of preventing the spread of sexually transmitted infections

- A. Safe sex practices
- B. Regular hand washing
- C. Sharing needles
- D. Abstinence

What is the term for the surgical removal of the uterus

- A. Hysterectomy
- B. Appendectomy
- C. Mastectomy
- D. Lobotomy

What are some common symptoms of menopause

- A. Frequent urination
- B. Headaches
- C. Hot flashes
- D. Joint pain

What is the medical term for the inability to conceive a child after one year of unprotected intercourse?

- A. Sterility
- B. Infertility
- C. Barrenness
- D. Impotence

What is the function of the epididymis in males?

- A. Sperm maturation and storage
- B. Transporting urine
- C. Producing hormones
- D. Digesting food

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